

## SPORTS INFORMATION GUIDE

European Masters Games 2023 offers each athlete the opportunity to compete in max three sports (five disciplines) at the Games.

### COMPETITION DATES

	5.7 Wed	6.7. Thu	7.7. Fri	8.7. Sat	9.7. Sun
<b>PRACTICE KAUKAJÄRVI</b>	10:00- 15:00				
<b>HEATS, SEMI-FINALS AND FINALS</b>		10:00-15:00	10:00-16:00		
<b>FINALS</b>				09:00-18:00	09:00-18:00

### COMPETITION SPORTS AND DISCIPLINES

The events and age categories for Canoe Sport at EMG2023 are as follows:

Sport	Disciplines	Competition Format	Age Categories
Canoe sprint	K1 men`s/women`s C1 men`s/women`s K2 men`s/women`s/mixed C2 men`s/women`s/mixed K4 men`s/women`s/mixed	Sprint Kayak (200m) K1, C1 Sprint Kayak (200m) K2, C2 Sprint Kayak (200m) K4 Sprint Kayak (500m) K1, C1 Sprint Kayak (500m) K2, C2 Sprint Kayak (500m) K4 Sprint Kayak (5000m) K1, C1 Sprint Kayak (5000m) K2, C2	Women`s: 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85
			Men`s: 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85 Mixed: 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85

In line with the sport specific rules, an athlete can compete in a younger age group, however, can only enter one age category.

If there are insufficient number of entries in an age category, categories may be combined in order to conduct a good quality competition. The awarding of medals will

not be affected, meaning that individuals will still be awarded medals in the age category in which they originally entered.

## VENUE DETAILS

EMG2023 canoe/kayak competition takes place at:

<b>Venue Name</b>	Kaukajärvi Rowing and Canoeing Stadium
<b>Competition hosted</b>	Pirkkamelojat ry and Tampereen Vihuri ry
<b>Venue Information</b>	Kangasalantie 78 33730 Tampere

Lake Kaukajärvi is a freshwater lake about 7 km east of the city centre. It extends to a length of 3 km. At its broadest it is about 800 m wide and at its deepest almost 30 m deep. The total surface area of the lake is around 1.5 km<sup>2</sup>. The competition lanes are in clear water without any currents.

### LAUNCHING AND LANDING

At the western end of the lake there is one platform for the launching and another platform for the landing.

### AREAS FOR THE PUBLIC

In the immediate vicinity of the finish line, there are seats for approximately 550 people and, in addition to that, other premises for the public with space for over 1,000 people.

## COMPETITION DETAILS

### Competition rules

Sprint Competition Standard:

Lane width will be 9 meters and there will be nine lines. Only one competitor per lane is permitted.

Only racing boats that comply with international sprint canoe/kayak rules are admitted: K1, K2, K4, C1, C2.

### **Medals**

In European Masters Games, the athletes do not represent their country of origin, therefore the prize-awarding ceremonies will be carried out without hoisting of flags. No National Anthem of the winning team will be played. The medals will be provided by the Organizing Committee.

### **Technical meeting**

A Technical Meeting will take place before the start of the competitions in order to introduce the competitions, remind those involved of the regulations and the behavior that is expected.

### **Personal accident insurance and medical certificate**

It is the participant's own responsibility to take out adequate and valid accident and health insurance. The competitor registration fee does not cover personal accident insurance.

### **Anti-doping**

The IMGA has adopted an anti-doping policy in line with the WADA (World Anti-Doping Agency) code, which means that testing will be conducted during the games. Each participant must comply with and independently consent to the IMGA Anti-Doping policy: <https://imga.ch/masters-sports/anti-doping/>.

## **EQUIPMENT**

### **Sprint Equipment**

Competitors are recommended to bring their own boats, paddles and personal flotation devices or consult with boats manufactures for possible rental equipment.

Boats numbers will be provided by organizing committee, and will be required to be checked out and in

Individuals are responsible for the safekeeping and storage of their own equipment.

The Organizing Committee may suggest all or certain individuals to wear flotation devices in case of bad weather or water conditions.

## UNIFORMS

The Organizing Committee will not distribute sportswear for the dispute of the competitions.

Matching team uniforms are not required, however matching uniforms are recommended.

## TRAINING FACILITIES

Practice will be possible outside of canoe/kayak and rowing competition times and warm up outside lines before. Starting gates practice is available before competition.

## FURTHER INFORMATION

Planning for the EMG2023 competition will continue throughout 2022 and spring 2023. Additional sport specific information will be communicated to registered participants and this Sports Information Guide will be updated according to possible changes.

All participants are encouraged to monitor the EMG2023 website at [www.emg2023.fi](http://www.emg2023.fi) as well as other Games communication channels to find out the latest information.

For more canoe/kayak sport specific information, please contact [minna.kantsila@metsagroup.com](mailto:minna.kantsila@metsagroup.com).

For general information about EMG2023, please contact [info@emg2023.fi](mailto:info@emg2023.fi).