

SPORTS INFORMATION GUIDE

European Masters Games 2023 offers each athlete the opportunity to compete in a maximum of three sports (five disciplines) at the Games.

COMPETITION SCHEDULE

| Program | Sunday 25. June | Monday 26. June | Tuesday 27. June |
|--|-----------------------------------|---|--|
| Free Training | 10:00 – 18:00 Näashalli | | |
| Unofficial Weigh-in | 10:00 – 17:00 Näashalli | | |
| Official Weigh-in: M5-10, F1-10 | 17:00 – 18:00 Näashalli | 9:00 – 10:00 Competition Place | |
| Draw M5-10, F1-10 | | 10:15 Competition Place | |
| Referees Meeting | | 10:30 Competition Place | |
| Competition M5-10, F1-F10 | | 11:00 Competition Place | |
| Unofficial Weigh-in M1-M4 | | 11:00 -17:00 Competition Place | |
| Official Weigh-in: M1-M4 | | 17:00 – 18:00 Competition Place | 9:00 – 10:00 Competition Place |
| Draw M1-M4 | | | 10:15 Competition Place |
| Competition M1-4 | | | 11:00 Competition Place |

Notice that official weigh-in is possible either the day before or on competition morning.

COMPETITION CATEGORIES

The weight and age categories for Judo Sport at EMG2023 are as follows:

| Female | Male | Year of birth | Weight Categories |
|---------------------|---------------------|---------------|--|
| F1 | M1 | 1989 - 1993 | Women's: -48 kg, -52 kg, -57 kg, -63kg, -70 kg, -78 kg, +78 kg |
| | | | Men's: -60 kg, -66 kg, -73 kg, -81kg, -90kg, -100kg, +100kg |
| F2 | M2 | 1984 - 1988 | Women's: -48 kg, -52 kg, -57 kg, -63kg, -70 kg, -78 kg, +78 kg |
| | | | Men's: -60 kg, -66 kg, -73 kg, -81kg, -90kg, -100kg, +100kg |
| F3 | M3 | 1979 - 1983 | Women's: -48 kg, -52 kg, -57 kg, -63kg, -70 kg, -78 kg, +78 kg |
| | | | Men's: -60 kg, -66 kg, -73 kg, -81kg, -90kg, -100kg, +100kg |
| F4 | M4 | 1974 - 1978 | Women's: -48 kg, -52 kg, -57 kg, -63kg, -70 kg, -78 kg, +78 kg |
| | | | Men's: -60 kg, -66 kg, -73 kg, -81kg, -90kg, -100kg, +100kg |
| F5 | M5 | 1969 - 1973 | Women's: -48 kg, -52 kg, -57 kg, -63kg, -70 kg, -78 kg, +78 kg |
| | | | Men's: -60 kg, -66 kg, -73 kg, -81kg, -90kg, -100kg, +100kg |
| F6 | M6 | 1964 - 1968 | Women's: -48 kg, -52 kg, -57 kg, -63kg, -70 kg, -78 kg, +78 kg |
| | | | Men's: -60 kg, -66 kg, -73 kg, -81kg, -90kg, -100kg, +100kg |
| F7 No shime waza | M7 No shime waza | 1959 - 1963 | Women's: -48 kg, -52 kg, -57 kg, -63kg, -70 kg, -78 kg, +78 kg |
| | | | Men's: -60 kg, -66 kg, -73 kg, -81kg, -90kg, -100kg, +100kg |
| F8 No shime waza | M8 No shime waza | 1954 - 1958 | Women's: -48 kg, -52 kg, -57 kg, -63kg, -70 kg, -78 kg, +78 kg |
| | | | Men's: -60 kg, -66 kg, -73 kg, -81kg, -90kg, -100kg, +100kg |
| F9 No shime waza | M9 No shime waza | 1949 - 1953 | Women's: -48 kg, -52 kg, -57 kg, -63kg, -70 kg, -78 kg, +78 kg |

| Female | Male | Year of birth | Weight Categories |
|----------------------|----------------------|---------------|--|
| | | | Men's: -60 kg, -66 kg, -73 kg, -81kg, -90kg, -100kg, +100kg |
| F10 No shime waza | M10 No shime waza | 1944 - 1948 | Women's: -48 kg, -52 kg, -57 kg, -63kg, -70 kg, -78 kg, +78 kg |
| | | | Men's: -60 kg, -66 kg, -73 kg, -81kg, -90kg, -100kg, +100kg |

In line with the sport-specific rules, an athlete must compete in their designated age group. For the Games, your age is determined as at 31 December 2023

If there are insufficient number of entries in an age category, categories may be combined in order to conduct a good quality competition. The awarding of medals will not be affected, meaning that individuals will still be awarded medals in the age category in which they originally entered.

| | |
|--------------------------------|-----|
| Minimum number of participants | |
| Maximum number of participants | 600 |

VENUE DETAILS

EMG2023 Judo competition takes place at:

| | |
|---------------------------|---|
| Venue Name | Tampere Exhibition and Sports Center |
| Competition hosted | Ilmailunkatu 20, 33900, Tampere |
| Venue Information | https://www.tampereenmessut.fi/en/tampere_exhibition_and_sports_centre/ |

COMPETITION DETAILS

Competition rules

- Participants
 - Competitor must have a valid license of his/her national federation.
 - Competitor is responsible for his/her insurance.
 - Competitor must be a minimum grade of 2nd Kyu (Blue belt)
- Competition Rules
 - According to IJF rules
 - M7/F7 and over: Shime waza not allowed
- Match duration
 - M1-M6, F1-F6: 3 minutes and Golden score without time limit.
 - M7-M10, F7-F10: 2,5 minutes and max 1 minute Golden score. In case of full time the Central referee will announce the winner after consulting with table referees.
- Weigh-in
 - Unofficial weigh-in with the official scales is available before the official weigh-in as in the programme.
 - Category can be changed during unofficial weigh-in, but in official weigh-in the weight must fall in the enrolled category.
- Draw

- List of participants will be announced before the start of the draw, so that participants can check that they are under the correct category.
- No corrections can be made after the draw.

Competition format

- 6 or more entries: Double repechage
- 3, 4 or 5 entries: Round robin
- 2 entries: Best of three (Third match only, if wins are tied after two matches.)

If the number of participants is not sufficient the categories may be combined in accordance with the IJF SOR.

Medals

In European Masters Games, the athletes do not represent their country of origin, therefore the prize-awarding ceremonies will be carried out without hoisting of flags. No National Anthem of the winning team will be played. The medals will be provided by the Organizing Committee.

Technical meeting

A Technical Meeting will take place before the start of the competitions in order to introduce the competitions, remind those involved of the regulations and the behavior that is expected.

Personal accident insurance and medical certificate

It is the participant's own responsibility to take out adequate and valid accident and health insurance. The competitor registration fee does not cover personal accident insurance.

Anti-doping

The IMGA has adopted an anti-doping policy in line with the WADA (World Anti-Doping Agency) code, which means that testing will be conducted during the games. Each participant must comply with and independently consent to the IMGA Anti-Doping policy <https://imga.ch/masters-sports/anti-doping/>.

UNIFORMS

White judogi according to IJF/EJU rules is required. IJF label is not mandatory. IJF back number is recommended. Blue judogi is recommended, but not required.

TRAINING FACILITIES

Free training is available at local club Tampereen Judo dojo. Address: Nääshalli, Näsijärvenkatu 8, 33210 Tampere (Budo 4)

FURTHER INFORMATION

Planning for the EMG2023 competition will continue throughout 2022 and spring 2023. Additional sport specific information will be communicated to registered participants and this Sports Information Guide will be updated according to possible changes.

All participants are encouraged to monitor the EMG2023 website at www.emg2023.fi as well as other Games communication channels to find out the latest information.

For more Judo specific information, please contact antti.torkko@tampereenjudo.net.

For general information about EMG2023, please contact info@emg2023.fi.