

SPORTS INFORMATION GUIDE

European Masters Games 2023 offers each athlete the opportunity to compete in a maximum of three sports (five disciplines) at the Games.

COMPETITION DATES

	30.6. Fri	1.7. Sat	2.7. Sun
OFFICIAL PRACTICE	10:00-15:00	10:00-15:00	
REGISTRATION	10:00-15:00		
KATA		10:00-19:00	
KUMITE			10:00-19:00

All dates and times are subject to change, until final entries have been received. A detailed schedule for each category will be created during spring 2023.

COMPETITION SPORTS AND DISCIPLINES

The age categories for Karate at EMG2023 are as follows:

Sport	Disciplines	Competition Format	Age Categories
Karate	Kata	WKF format	Women's: 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+
			Men's: 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+
Karate	Kumite	Elimination or round robin	Women's: 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+
			Men's: 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

In line with the sport-specific rules, an athlete must compete in their designated age group. For the Games, your age is determined as at 31 December 2023.

The weight categories for Kumite at EMG2023 are:

- Female: -50kg, -55kg, -61kg, -68kg, +68kg
- Male: -60kg, -67kg, -75kg, -84kg, -94kg, +94kg

If there are insufficient number of entries in an age or a weight category, categories may be combined in order to conduct a good quality competition. The awarding of medals will not be affected, meaning that individuals will still be awarded medals in the age category in which they originally entered.

VENUE DETAILS

EMG2023 karate competition takes place at:

Venue Name	Tampere Exhibition and Sport Centre
Competition hosted	Tampereen Karateseura Seigokan
Venue Information	Ilmailunkatu 20, 33900 Tampere

COMPETITION DETAILS

Competition rules

WKF kata. Different kata are required for each round.

For kumite, current WKF rules apply. With following exceptions:

- two minutes bouts
- only skin touch to the head.

Competition format

Kata: WKF format

Kumite: elimination or round robin depending on the number of athletes.

Medals

In European Masters Games, the athletes do not represent their country of origin, therefore the prize-awarding ceremonies will be carried out without hoisting of flags. No National Anthem of the winning team will be played. The medals will be provided by the Organizing Committee.

Technical meeting

A Technical Meeting will take place before the start of the competitions in order to introduce the competitions, remind those involved of the regulations and the behavior that is expected.

Personal accident insurance and medical certificate

It is the participant's own responsibility to take out adequate and valid accident and health insurance. The competitor registration fee does not cover personal accident insurance.

Anti-doping

The IMGA has adopted an anti-doping policy in line with the WADA (World Anti-Doping Agency) code, which means that testing will be conducted during the games. Each participant must comply with and independently consent to the IMGA Anti-Doping policy <https://imga.ch/masters-sports/anti-doping/>.

EQUIPMENT

Current WKF rules apply.

UNIFORMS

Current WKF rules apply.

TRAINING FACILITIES

At the venue 30.6. -1.7. At 10.00-15.00. No reservations needed.

FURTHER INFORMATION

Planning for the EMG2023 competition will continue throughout 2022 and spring 2023. Additional sport specific information will be communicated to registered participants and this Sports Information Guide will be updated according to possible changes.

All participants are encouraged to monitor the EMG2023 website at www.emg2023.fi as well as other Games communication channels to find out the latest information.

For more karate specific information, please contact Kaj Palenius: kpalenius@yahoo.com.

For general information about EMG2023, please contact: info@emg2023.fi