

SPORTS INFORMATION GUIDE

European Masters Games 2023 offers each athlete the opportunity to compete in a maximum of three sports (five disciplines) at the Games. In swimming in addition it's possible to participate in the relays.

COMPETITION DATES, SPORTS AND DISCIPLINES

Swimming competition dates and events per day are shown in the table below.

Friday 7.7	Saturday 8.7.	Sunday 9.7.
50m Freestyle Women	100m Backstroke Women	200m Butterfly Women
50m Freestyle Men	100m Backstroke Men	200m Butterfly Men
200m Backstroke Women	50m Breaststroke Women	50m Backstroke Women
200m Backstroke Men	50m Breaststroke Men	50m Backstroke Men
800m Freestyle Women *	50m Butterfly Women	200m Medley Women
800m Freestyle Men *	50m Butterfly Men	200m Medley Men
100m Breaststroke Women	200m Breaststroke Women	100m Freestyle Women
100m Breaststroke Men	200m Breaststroke Men	100m Freestyle Men
100m Butterfly Women	400m Freestyle Women	4x50m Freestyle Women
100m Butterfly Men	400m Freestyle Men	4x50m Freestyle Men
	4x50m Medley Women	
	4x50m Medley Men	

All participants in the 800m freestyle are requested to provide entry time during the registration. Swimmers will be divided into heats based on the provided entry time.

Schedule

Session starts every day at 11:00. Warm-up in the competition pool (50m) is possible every day from 10:00 to 10:50 and in the 25 m pool during the competition.

Preliminary startlists and schedules are available in result service. Final startlists and schedules will be published two hours prior to the start of each session in result service ([livetiming](#)) and on the wall of the competition venue as print outs.

Schedule of the competition is indicative. Competitors shall follow the progress of the competition and announcements to be on time in the call room. Competitors should be at the call room **10 minutes prior to estimated heat start**.

Results

Results will be published after the last heat of each event in result service ([livetiming](#)) and on the wall of competition venues as print outs.

Age categories for swimming at EMG2023 are as follows:

Individual events: 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

Relay events: 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, and then in 40-year increments

In line with the sport specific rules, an athlete must compete in their designated age group, with their age determined as at 31 December.

Age categories may be combined however awarding of medals will not be affected. Individuals will still be awarded medals in the age category in which they originally entered.

Minimum number of participants	
Maximum number of participants	100 (only on 800m Freestyle)

VENUE DETAILS

EMG2023 swimming competition takes place at:

Venue Name	Tampere Swimming Centre
Competition hosted	Tampere voluntary swimming organization
Venue Information	Tampere Swimming Centre Tampere Swimming Centre

Tampere Swimming Center (Uintikeskus), Joukahaisenkatu 7 can be reached in 10 min from the city center by tram number one or by tram number 3.

Check the schedules from <https://reittiopas.tampere.fi/?locale=en>

tram 1 (stop Hippos A 0903, Hippos B 0904) , and
tram 3 (stop Uintikeskus A 0817, Uintikeskus B 0818)

The Swimming Centre has a 50 m indoor pool with eight lanes and a 25 m indoor pool with six lanes. 50 m pool will be used as a competition pool and the 25m pool will be available for warm-up during competition.

For time keeping, fully automated timekeeping systems with touchpads at both ends will be used.

Indoor pools are closed to public swimmers. However, the gym as well as the facilities and services of the cafe are available to the public.

The public can follow swimming competitions in the stands located on the 2nd floor. Entry is free to all events.

Locker Rooms

Access to the pool area is only possible through locker rooms. Competitors should collect their personal RFID tag from the swimming competition office. The tag functions as a key to the locker rooms and lockers. In case the tag is lost or does not work, contact the competition office.

The tag will be attached to participants' accreditation cards. Please, make sure you have picked up your accreditation card and welcome bag prior to the competition from Tampereen Stadium at Ratina (EMG2023 Accreditation and Info office).

To avoid rush hour on Friday morning, please, collect the tag on Thursday, if possible.

Swimming competition office

Opening hours of swimming competition office at Tampere Swimming Center

Thursday 17:00 – 20:00

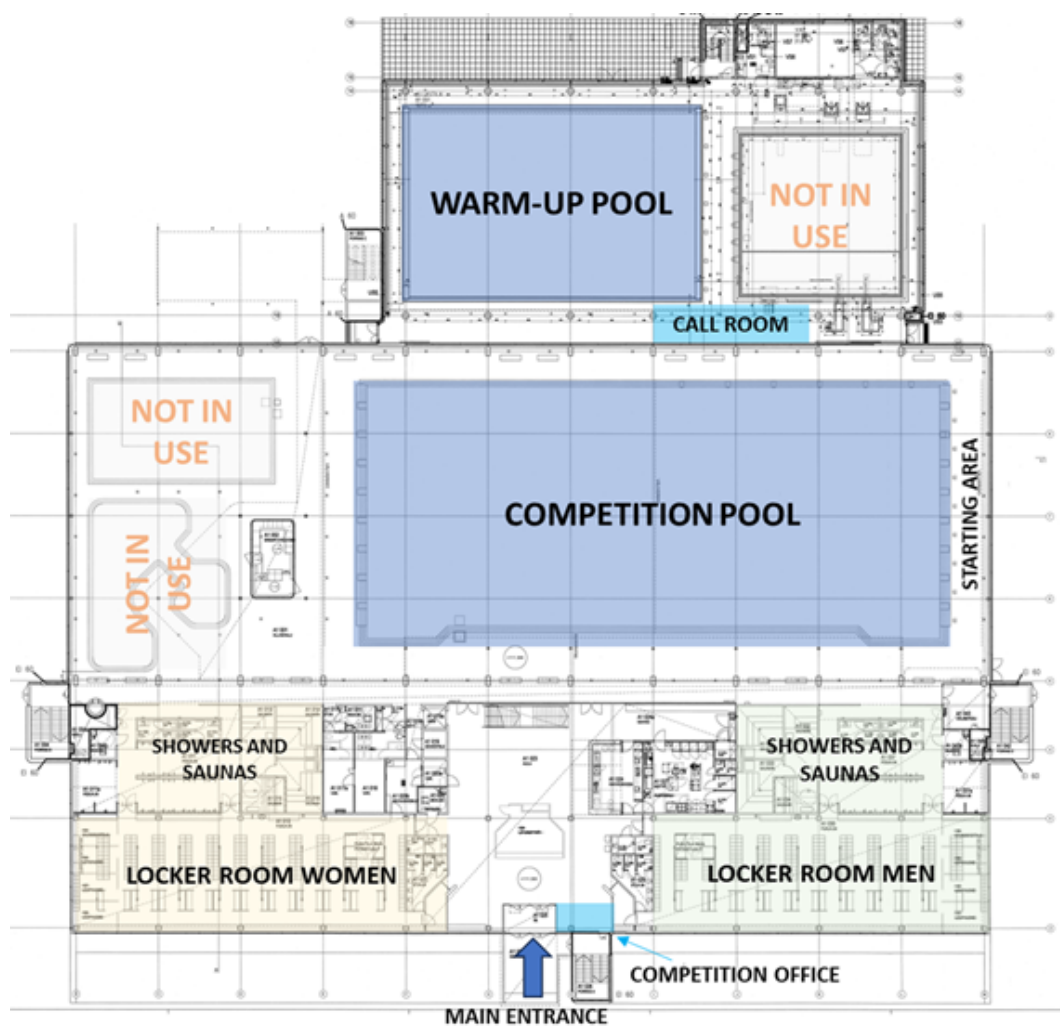
Possibility to warm-up

Friday 09:30 – 16:30

Saturday 9:30 – 16:00

Sunday 9:30 – 14:30

The competition office is happy to help you with any questions arising during the competition. *Please note that the swimming competition office can be busy on Thursday and Friday, so please allow time for picking up your RFID tag.*



COMPETITION DETAILS

Competition rules

Competitions will be conducted under the rules and regulations of the International Masters Games Association (IMGA).

Competition format

All heats will be time finals.

Medals

In European Masters Games, the athletes do not represent their country of origin, therefore the prize-awarding ceremonies will be carried out without hoisting of flags. No National Anthem of the winning team will be played. The medals will be provided by the Organizing Committee.

Personal accident insurance and medical certificate

It is the participant's own responsibility to take out adequate and valid accident and health insurance. The competitor registration fee does not cover personal accident insurance.

First Aid

There will be a first aid station in the pool area during the competition. In case you need to see a doctor, please contact the Competition office.

Anti-doping

The IMGA has adopted an anti-doping policy in line with the WADA (World Anti-Doping Agency) code, which means that testing will be conducted during the games. Each participant must comply with and independently consent to the IMGA Anti-Doping policy <https://imga.ch/masters-sports/anti-doping/>.

EQUIPMENT

The swimsuits must meet the standards specified by the International Masters Games Association (IMGA).

Fins and other aids are strictly forbidden during warm-up.

UNIFORMS

There are no uniforms for this sport.

TRAINING FACILITIES

A 25m pool with 6 lanes is available for competitors for warm-up during the competition.

FURTHER INFORMATION

Planning for the EMG2023 competition will continue throughout 2022 and spring 2023. Additional sport specific information will be communicated to registered participants and this Sports Information Guide will be updated according to possible changes.

All participants are encouraged to monitor the EMG2023 website at www.emg2023.fi as well as other Games communication channels to find out the latest information.

For more swimming specific information, please contact Tapani Tuomiranta
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For general information about EMG2023, please contact info@emg2023.fi.